# **Sheridan Multi-Faith Resources**

Many students find that their wellbeing is enhanced by spiritual or faith related activities. Connecting with a faith group can provide a supportive network away from the routine of student life. Here are some options for connecting with faith groups both within Sheridan and in the communities that surround our campuses.

# Campus Multi-Faith **Prayer Rooms**



At Sheridan, there is a Prayer Room on each campus where all members of the Sheridan community may go to pray, meditate, reflect, or individually worship.



Please scan to visit the COVID-19 coming to campus page for details on access.

Trafalgar Campus: Rooms S434 and S410

## Sheridan Student Union Faith Groups



Students have the option of joining a faith, spiritual, or cultural club through the Sheridan Student Union. You can search for faith/cultural clubs through Clubs Corner (scan the QR code).



#### Centre for Indigenous Learning and Support

The Centre for Indigenous Learning and Support offers you the opportunity to meet with Elders for support, guidance, and teachings. If you require sage or sweetgrass for smudging, we can provide you with this.

For any supports or connections, contact the Centre for Indigenous Learning and Support:



■常法接回 cils@sheridancollege.ca 905-842-9430 ext.5554 **Room B127 Trafalgar Road Campus** 

### **Community Places of Worship**

The following is a directory of some of the places of worship located closest to the Sheridan Trafalgar Road Campus. These are not exhaustive of all faith spaces nor are they endorsed by Sheridan, but can help those looking to connect. Click on the name to visit the website.

**Baptist** Church

**Faith Baptist Church** 

1415 Trafalgar Rd, Oakville, ON L6H 4R7

Buddhism

Lama Yeshe Ling Tibetan Buddhist Group 1-1287 Coric Ave, Burlington, ON L7R 3S4

Catholic Church

St. Michael's Roman Catholic Church 181 Sewell Dr, Oakville, ON L6H 1E3

Hindu **Temple**  Vaishno Devi Temple 3259 Regional Rd 25, Oakville, ON L6M 4J3

Jewish Temple **Shaarei-Beth El Congergation** 186 Morrison Rd, Oakville, ON L6J 4J4

Muslim Mosque **Dar Foundation** 485 Morden Rd, Oakville, ON L6K 3W6

Presbyterian Church

**Trafalgar Presbyterian Church** 1525 Litchfield Rd, Oakville, ON L6H 5P4

Lutheran Church

**Grace Lutheran Church** 304 Spruce St, Oakville, ON L6J 2H1

Sikh **Temple** 

**Shiromani Sikh Sangat Dunwin Gurudwara** 2377 Dunwin Dr, Mississauga, ON L5L 1T1

**Taoism** 

Fung Loy Kok Taoist Tai Chi - Oakville2 186 Morrison Rd, Oakville, ON L6J 4J4

United Church

**Trinity United Church** 1250 McCraney St E, Oakville, ON L6H 3K3

Sheridan values diversity and strives to create an equitable and inclusive environment. If you have a suggestion for a community place of worship that is missing from this list, please contact studentsuccess@sheridancollege.ca.

